

MOOREY'S MARTIAL ARTS

www.mooreysmartialarts.com 2/ 22 Galbraith Loop, Erskine 6210 e:mooreysmartialarts@gmail.com 9586 2006

TIME	MON	TUE	WED	THU	FRI	SAT
9:00-10:00	MUAY THAI	BOXING	MUAY THAI	BOXING	MUAY THAI	8:15-9:00 MIXED FREESTYLE
4:00-4:30	GRASSHOPPERS					9:00-9:45 CIRCUIT
4:00-4:45		JNR BLUE BELT & ABOVE	JNR ORANGE & YELLOW BELT	JNR YELLOW BELT & ABOVE JNR BLUE BELT & ABOVE		9:45-10:15 JNR SPARRING
4:45:5:30	JNR WHITE BELT	JNR MUAY THAI	JNR WHITE BELT	JNR MUAY THAI		9:45-10:30 SNR SPARRING
		LITTLE KICKERBOXERS				10:30 COMPETITORS
5:30-6:15	JUNIOR BOXING		JUNIOR BOXING			
5:45-6:45		MUAY THAI		MUAY THAI		
6:15-7:15	BOXING		BOXING			
7:00-8:00		FREESTYLE KARATE		FREESTYLE KARATE		
7:15-8:15			MUAY THAI			